## Food

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<sup>1</sup> G	L	υ	<sup>2</sup> C	0	<sup>3</sup> S	Е					<sup>4</sup> V	
			А		Т						Ι	
		<sup>5</sup> B	R	Е	А	D					т	
			В		R				6 L		А	
			0		<sup>7</sup> C	А	L	С	I	U	м	
			н		н				Р		I	
			Y				<sup>8</sup> A		I		Ν	
			D				с		D			
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10 B	υ	т	т	Е	R		s					
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	11 E	s	s	Е	N	т	I	A	L			

## Across

- 1. Simple sugar.[7]
- 5. Food containing a lot of starch.[5]
- 7. Mineral needed for strong bones and teeth.[7]
- 9. Nutrient needed for building and repairing body tissues.[8]
- 10. Food containing a lot of fat.[6]
- 11. \_\_\_\_\_ amino acids must be eaten as animal products.[9]

## Down

- 2. Sugars and starches.[13]
- 3. Carbohydrate in pasta.[6]
- 4. \_\_\_\_ C is found in oranges.[7]
- 6. Scientific name for fats and oils.[6]
- 8. Proteins are made of amino \_\_\_\_.[5]